

## *Financial training For non financial staff*



*The financial training specialists*

### **Winding down (Budgeting, Profit)**

In the UK it's Christmas Day on Saturday, and many offices close at lunchtime Friday, so there's a sense of winding down for the year. Many people will take Wednesday, to Friday off next week, which combines with the bank holidays to give 10 days holiday.

So Christmas is a natural time to pause and reflect, before starting 2022.

A couple of weeks ago I did an exercise that helped me pause and reflect on this unusual year. It comprised 6 questions, and I thought I'd share them.

"What have you enjoyed most in 2021?" I was surprised at how many answers appeared here! Pick the themes out of your answers.

"What was disappointing to you during 2021?" Almost all of us doing this commented how the previous question had more answers than this one! Maybe we had been primed to think positive first. Again, pick out the common themes.

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